



Nedley™ Clinic

**FEBRUARY 20-23, 2014 DALLAS, TX**

4<sup>TH</sup> ANNUAL

# EMOTIONAL INTELLIGENCE SUMMIT

PRESENTS

**NEIL NEDLEY, MD**  
**ALDO PUCCI, PhD**  
**EILEEN D. HEALY, MA**  
**DANIEL BINUS, MD**

**LYNN CLARK, PhD**  
**DON MACKINTOSH, BSN**  
**PAUL CONEFF, MA**

**CME'S PROVIDED** IN ASSOCIATION WITH  
 LOMA LINDA UNIVERSITY  
 SCHOOL OF MEDICINE

BE **INSPIRED** AND **EQUIPPED** BY THEORY AND PRACTICE FROM SOME OF THE **BEST MINDS** IN EMOTIONAL INTELLIGENCE.

**EQ SUMMIT™ DALLAS, TX**  
 FEBRUARY 20-23, 2014

1045 15th Avenue NW | Ardmore, OK 73401  
 580.226.8007 / 888.778.4445 | [www.EQSummit.org](http://www.EQSummit.org)

Anyone desiring to improve their Emotional Intelligence

**John Tatum, MD**

Training the Trainer® Directors and Facilitators

Nurse Practitioners

Educators

Marriage and Family Therapists

Social Workers

Psychiatrists

Physician Assistants

Physicians

## Who Should Attend

**Bonnie M., Social Media Manager**

“Every presentation is filled with “Ah-Ha” moments. It seems like I learn something truly life changing every 5 minutes! I am so excited to see what my future will be like, utilizing the information I have learned here.”

“I have been to every annual EQ Summit in Dallas since 2011. Each conference has been so exceptionally good, that I think there is no way that it can be topped next year. How surprised I have been to have each summit be even more informative and entertaining than the previous summit. I don't know how long you can keep this up, but you have got me hooked!”

**Donnell Cox, Crisis Education Specialist**

“I have been regularly attending various mental health conferences for years. None has even come close to being more rewarding than this EQ Summit. It's not only the most educational conference I have ever attended, but it's also been the most enjoyable, without mentioning the exceptional food and great fellowship. I can't thank you enough for how much I have personally benefited from this EQ Summit. From now on, I will put this on my yearly calendar as a must-not-miss conference.”



LOMA LINDA UNIVERSITY  
 School of Medicine

Loma Linda, California 92350

Nonprofit Organization U.S. Postage **PAID** Fort Worth, TX Permit #3310

## WEDNESDAY & THURSDAY

February 19, 20 / Training the Trainer

7:30AM – 8:00AM	Registration - Training the Trainer
8:00AM – 5:00PM	Training the Trainer Lunch provided Wednesday & Thursday
<b>THURSDAY</b> February 20 / EQ Summit	
9:00AM – 12:00PM	Registration - EQ Summit
12:30PM – 1:20PM	"CBI and Emotional Intelligence for Everyone"* Lynn Clark, PhD
1:20PM – 1:30PM	Break
1:30PM – 2:45PM	"Enriching the Young Person's Social and Emotional Life"* Eileen Healy, MA, LMFT
2:45PM – 3:00PM	Break
3:00PM – 3:50PM	"Epigenetics: It's scientific and spiritual implications in therapy"* Don Mackintosh, BSN, MDIV
4:00PM – 5:15PM	"Nutrition, Herbs, and Supplements for the Brain"* Neil Nedley, MD
5:30PM – 6:30PM	Dinner
7:00PM – 7:15PM	Welcome
7:15PM – 8:15PM	"CBI: What It Is and Is Not"* Aldo Pucci, PhD, DCBT

## FRIDAY

February 21 / EQ Summit

6:00AM – 7:00AM	Exercise
7:30AM – 8:30AM	Breakfast
8:30AM – 9:20AM	"The Latest on Lifestyle Therapies for Mental Illness"* Neil Nedley, MD
9:30AM – 10:30AM	"The Critical Role of High EQ in Adolescence"* Eileen Healy, MA, LMFT
10:30AM – 10:45AM	Break
10:45AM – 11:45AM	"Utilizing CBT for Lifestyle Change"* Aldo Pucci, PhD, DCBT
11:45AM – 1:00PM	"Updates on Enhancing Emotional and General Intelligence via the Frontal Lobe"* Neil Nedley, MD
1:00PM – 2:00PM	Lunch
2:00PM – 2:10PM	Break
2:10PM – 2:20PM	Introduction of Break-out Sessions
Track 1 Lecture 1 2:30PM – 3:30PM Lecture 2 3:45PM – 4:45PM	1. "Utilizing Video-Based Cases to Enhance Emotional Intelligence"* Lynn Clark, PhD 2. "The Mind's Eye: Meditation for Everything"* Daniel Binus, MD
Track 2 Lecture 1 2:30PM – 3:30PM Lecture 2 3:45PM – 4:45PM	1. "The Role of Specific Prayer in Overcoming Bad Habits and/or PTSD"* Paul Coneff, MA, LMFT 2. "Jesus Christ: The Master Cognitive Behavioral Therapist"* Don Mackintosh, BSN, MDIV
Track 3 Lecture 1 2:30PM – 3:30PM Lecture 2 3:45PM – 4:45PM	1. "Systematic CBI: When Fidelity Matters"* Aldo Pucci, PhD, DCBT 2. "Crediting a High EQ Environment so Your Child Can Be the Best"* Eileen Healy, MA, LMFT
4:45PM – 6:45PM	Break
7:00PM – 7:15PM	Music Therapy
7:15PM – 8:15PM	"The State of Mental Health in America: Where Are We Going?*" Neil Nedley, MD

## SATURDAY

February 22 / EQ Summit

6:00AM – 7:00AM	Exercise
7:30AM – 8:30AM	Breakfast
8:30AM – 9:30AM	"CBI and the Bible"* Don Mackintosh, BSN, MDIV
10:00AM – 11:00AM	"Case Studies in Depression and Anxiety"* Neil Nedley, MD/Paula Keller
11:00AM – 11:10AM	Break
11:10AM – 11:25AM	Music Therapy
11:25AM – 12:30PM	"CBI and Self Control"* Don Mackintosh, MDIV/Neil Nedley, MD
1:00PM – 2:00PM	Lunch
2:00PM – 4:15PM	WGK
4:15PM – 5:30PM	"Music Therapy, CBI, and Emotional Intelligence" Neil Nedley, MD
5:30PM – 6:15PM	Break
6:15PM – 7:30PM	"Integrating Stoic Philosophy in Cognitive Behavioral Therapy"* Aldo Pucci, PhD, DCBT
6:00AM – 7:00AM	Exercise
7:30AM – 8:30AM	Breakfast
8:30AM – 9:30AM	"The Mistakes Most Cognitive Behavioral Therapists Make"* Aldo Pucci, PhD, DCBT
9:30AM – 10:30AM	"Marriage, Parenting, and Emotional Intelligence"* Eileen Healy, MA, LMFT
10:30AM – 11:30AM	Speaker's Panel Discussion / Q & A

\*CME Credit

